



Shampoo & Conditioner

The cosmetics rating method is based on the analysis of all the ingredients contained in the product. Based on the present state of science, each ingredient is assigned a level of risk based on its potential effects on health or the environment.

The ingredients were assessed for their ability to be:

- Endocrine disruptors: they block, mimic or modify the action of a hormone
- Allergens: they promote or trigger the development of allergies
- Irritants: they can irritate the skin, mucous membranes or certain organs, and can weaken them
- Carcinogens: they damage or alter the DNA of cells, leading to mutations that can promote uncontrolled cell growth and the development of tumors
- Pollutants: they pollute the environment through their production, toxicity, and persistence

The rating scale is based on a scoring system of 100 out of 100. The closer to 100, the least amount of "bad chemicals" are found in the product and is not based on the product's efficacy. There is no sponsorship associated with the recommendation of these products. Personal research is always recommended before making a purchase. This list should not be considered as endorsement.

Shampoo & Conditioner			
Scoring	Brand	Name of product	Image
100/100	Carina Organics	Unscented Extra Gentle Shampoo	
100/100	Carina Organics	Botanical Therapeutic Tree Essence Moisturizing Conditioner	
93/100	365 Whole Foods Market	Fragrance Free Shampoo	
86/100	365 Whole Foods Market	Fragrance Free Conditioner	

93/100	Phillip Adam	Apple Cider Vinegar Shampoo	
100/100	Phillip Adam	Apple Cider Vinegar Conditioner	
86/100	Yves Rocher	Restoring Shampoo & Conditioner with Jojoba Oil	
76/100	Native	Eucalyptus and Mint Shampoo & Conditioner (2 in 1)	
76/100	Native	Almond & Shea Butter Shampoo	
93/100	Native	Almond & Shea Butter Conditioner	
76/100	Native	Coconut and Vanilla Shampoo	
93/100	Native	Coconut and Vanilla Conditioner	

76/100	Native	Cucumber and Mint Shampoo	
93/100	Native	Cucumber and Mint Conditioner	
76/100	Native	Ocean & Timber Shampoo	
93/100	Native	Ocean & Timber Conditioner	
76/100	Native	Cashmere & Rain Shampoo	
93/100	Native	Cashmere & Rain Conditioner	
100/100	Soapgirl	Shampoo Bar - Lavender	
93/100	Soapgirl	Conditioner Bar - Lavender	
100/100	Soapgirl	Shampoo Bar - Bergamot	
93/100	Soapgirl	Conditioner Bar - Bergamot	
100/100	Soapgirl	Shampoo Bar - Tea Tree	
93/100	Soapgirl	Conditioner Bar - Tea Tree	