



# Face Creams & Lotions

The cosmetics rating method is based on the analysis of all the ingredients contained in the product. Based on the present state of science, each ingredient is assigned a level of risk based on its potential effects on health or the environment.

The ingredients were assessed for their ability to be:

- Endocrine disruptors: they block, mimic or modify the action of a hormone
- Allergens: they promote or trigger the development of allergies
- Irritants: they can irritate the skin, mucous membranes or certain organs, and can weaken them
- Carcinogens: they damage or alter the DNA of cells, leading to mutations that can promote uncontrolled cell growth and the development of tumors
- Pollutants: they pollute the environment through their production, toxicity, and persistence

The rating scale is based on a scoring system of 100 out of 100. The closer to 100, the least amount of "bad chemicals" are found in the product and is not based on the product's efficacy. There is no sponsorship associated with the recommendation of these products. Personal research is always recommended before making a purchase. This list should not be considered as endorsement.

| Face Creams and Lotions |          |                                                                      |                                                                                       |
|-------------------------|----------|----------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| Scoring                 | Brand    | Name of product                                                      | Image                                                                                 |
| 100/100                 | Honest   | Hydrating Face + Body Lotion. Fragrance free with calendula and aloe |  |
| 100/100                 | Honest   | Hydrogel Cream with Hyaluronic Acid                                  |  |
| 100/100                 | Cetaphil | Deep Hydration Skin restoring Water Gel                              |  |

|         |                |                                                         |                                                                                       |
|---------|----------------|---------------------------------------------------------|---------------------------------------------------------------------------------------|
| 100/100 | Cetaphil       | Healthy Renew Night Cream - Purified Peptides           |    |
| 100/100 | Neutrogena     | Hydro Boost Gel Cream with Hyaluronic Acid              |    |
| 100/100 | Neutrogena     | Hydro Boost Eye Cream - Upgraded Formula                |    |
| 100/100 | Innisfree      | Green Tea Seed Hyaluronic Acid Cream                    |  |
| 100/100 | CosRX          | Oil Free Ultra-Moisturizing Lotion with Birch Sap       |  |
| 100/100 | La Roche Posay | Toleriane Double Repair Matte Moisturizer for Oily Skin |  |

|         |                |                                                                       |                                                                                       |
|---------|----------------|-----------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| 100/100 | La Roche Posay | Double Repair Face Moisturizer with Ceramide 3 + Niacinamide          |    |
| 100/100 | Acure          | Ultra Hydrating 12-hour Facial Moisturizer                            |    |
| 100/100 | Byoma          | Moisturizing Gel Cream Tri-Ceramide Complex + Green tea + Niacinamide |   |
| 100/100 | Nivea          | Q10 Anti-Wrinkle Night Cream                                          |  |
| 93/100  | Neutrogena     | Hydro Boost Aqua Gel, and Hydro Boost Aqua Gel Cream                  |  |

| Serums  |                |                                              |                                                                                       |
|---------|----------------|----------------------------------------------|---------------------------------------------------------------------------------------|
| Scoring | Brand          | Name of product                              | Image                                                                                 |
| 100/100 | Mixsoon        | Bean Essence Skin Serum                      |    |
| 100/100 | Vanicream      | Vitamin C Serum with Ceramides               |    |
| 100/100 | Cetaphil       | Healthy Renew Face Serum - Purified Peptides |   |
| 100/100 | Good Molecules | Niacinamide Serum                            |  |
| 100/100 | Byoma          | Hydrating Serum - Glycerin                   |  |