



Body Lotions

The cosmetics rating method is based on the analysis of all the ingredients contained in the product. Based on the present state of science, each ingredient is assigned a level of risk based on its potential effects on health or the environment.

The ingredients were assessed for their ability to be:

- Endocrine disruptors: they block, mimic or modify the action of a hormone
- Allergens: they promote or trigger the development of allergies
- Irritants: they can irritate the skin, mucous membranes or certain organs, and can weaken them
- Carcinogens: they damage or alter the DNA of cells, leading to mutations that can promote uncontrolled cell growth and the development of tumors
- Pollutants: they pollute the environment through their production, toxicity, and persistence

The rating scale is based on a scoring system of 100 out of 100. The closer to 100, the least amount of "bad chemicals" are found in the product and is not based on the product's efficacy. There is no sponsorship associated with the recommendation of these products. Personal research is always recommended before making a purchase. This list should not be considered as endorsement.

Body Lotions			
Scoring	Brand	Name of product	Image
100/100	Aveeno	Daily Moisturizing Cream - Fragrance Free (Normal to Dry Skin)	
100/100	Neutrogena	Deep Moisture Body Lotion - Norwegian Formula	
93/100	Cetaphil	Advanced Relief Lotion with Shea Butter	

93/100	Byoma	Sensitive Skin Body Lotion - Inflamed + Irritated Skin	
93/100	Method	Body Lotion - Coco Twist	
93/100	Method	Body Lotion - Sea + Surf	
93/100	Method	Body Lotion - Glacier + Granite	
93/100	Method	Simply Nourish Body Lotion	
86/100	Native	Moisturizing Lotion - Coconut & Vanilla	
86/100	Cetaphil	Moisturizing Lotion - Sensitive Skin (Dry to Normal Skin)	