



Approved Brands

NOT ALL BRANDS ARE
CREATED EQUAL. IT'S EASY
TO GET DISTRACTED BY
MARKETING SCAMS. HERE
ARE BRANDS WE TRUST.

TRUSTWORTHY BRANDS AND PRODUCTS

Volume I: Food



BABY FOOD

- Amara Organic Baby Food
- Little Ducks Tiny Fruits
- Loulouka Baby Formula
- Nurtur Me Yum-a-Roos
- Once Upon a Farm Pouch
- Serenity Kids Pouch
- Veggie Goes Veggie Strips
- What Up Baby Cereal

BAKING ESSENTIALS

- Arrowhead Organic Spelt Flour
- Bob's Red Mill
- Julie'r Real
- Nutiva
- Raw Local Honey
- Simple Mills
- Stevia: Organic Sweet Leaf
- Wholesome Sweeteners

BARS

- Larabar
- Raw Crunch Bars
- Rise
- Rxbar
- Paleo Valley
- Perfect Bar
- Simple Squares Organic
- Thunderbird

BREAD

- Ezekiel
- Select Udi's
- Happy Camper
- Nature's Path

BROTH

- Pacific Foods
- Kettle and Fire

CEREAL

- Two Moms in the Raw
- Ezekiel
- Magic Spoon
- Nature's Path
- Woodstock 5 Grain Cereal

TRUSTWORTHY BRANDS AND PRODUCTS CONT.

Volume I: Food Cont.



COFFEE

- Four Sigmatic
- Life Extension
- Life Boost
- Kicking Horse
- Death Wish Organic

CONDIMENTS

- Bragg's
- Cedar's Organic Hummus
- Dave's Gourmet Tomato Sauce
- Good Food for Good BBQ Sauce
- Organicville Salsa
- Primal Kitchen
- Spectrum Organic Mayo
- Walden Farms

CHEESE, BUTTER, SOUR CREAM

- Forager (yogurt and sour cream)
- Kerry Gold
- Miyoko's (cream cheese and butter)
- Nancy's Valley
- Organic Valley
- Trader's Point
- Sheep/Goat Cheese (most)
- Wallaby Organic (sour cream)

DARK CHOCOLATE

- Alter Eco
- Antidote
- Nibmor
- Peak Chocolate
- Hu Hunks

EGGS

- Pete and Gerrys Organic
- Simple Truth Organic
- Vital Farms

GRANOLA

- Julie's Real
- Purely Elizabeth

GLUTEN FREE

- BFree
- Paleo Thin
- Thrive Market

MEAT

- Bilinski's Organic Chicken Sausage
- Carolina Bison
- High Plains Organic Bison
- Kirkland Organic Ground Beef
- Thrive Market
- Nature's Promise Basil Sausage

TRUSTWORTHY BRANDS AND PRODUCTS CONT.

Volume I: Food

MILK

- Horizon
- Organic Valley
- Simply Nature Organic
- Simple Truth Organic

NUT BUTTER

- Artisana
- Glaser Organic Farms Raw Italian
- Nature's Promise
- Thrive Market

NUT MILK

- Califia
- Elmhurst
- Three Trees

OILS

- Chosen Foods
- Eden Foods
- Kasandrino's
- Nutiva
- Papa Vince

PROTEIN POWDER

- Be Well By Kelley (whey)
- Bob's Red Mill (hemp)
- Dr. Axe (multi-collagen)
- Navita's (hemp)
- Now Real Food (hemp)
- Paleo Valley (whey)
- TruVani (plant-based)

RICE, GRAINS, AND PASTA

- Eden Kamut
- Ezekiel
- Jovial Einkorn
- Organic Planet
- Tolerant
- TruRoots Sprouted

SNACKS

- 479 Popcorn
- Bare
- Garden of Eatin' Organic Corn Chips
- Gimme Organic
- HT Organic Corn Chips
- Kind
- LesserEvil (popcorn and pink Himalayan salt paleo puffs)
- Ludberg Organic Quinoa Cakes
- Native O'coconut
- Whatusee Foods Organic Chickpeatos, Rosemary



TRUSTWORTHY BRANDS AND PRODUCTS CONT.

Volume I: Food

SNACKS CONT.

- Made in Nature Dried Fruit Chips
- Made in Nature Figgy Pops
- Mary's Gone
- Now Unsalted Dry Roasted Soy Beans
- Siete
- Simple Mills
- Suzie's Thin Cakes
- Thousand Lakes Freeze Dried Fruit
- Watusee Chickpeatos

SPICES

- Epicurean Organics
- Frontier
- Mountain Rose Herbs
- Simply Organic

SUPPLEMENTS

- Designs for Health
- Klaire Labs
- Metagenics
- Mind Body Green
- Pendulum
- Pure Encapsulations

TEA

- Numi
- Rishi
- Traditional Medicinals
- Yogi

VINEGAR

- 365 Brand
- Bragg's
- Edan
- Napa Valley Naturals

YOGURT

- Nancy's Plain
- Noosa Plain
- Organic Valley Plain
- Siggi's Plain or Vanilla

