



Hand Soaps

The cosmetics rating method is based on the analysis of all the ingredients contained in the product. Based on the present state of science, each ingredient is assigned a level of risk based on its potential effects on health or the environment.

The ingredients were assessed for their ability to be:

- Endocrine disruptors: they block, mimic or modify the action of a hormone
- Allergens: they promote or trigger the development of allergies
- Irritants: they can irritate the skin, mucous membranes or certain organs, and can weaken them
- Carcinogens: they damage or alter the DNA of cells, leading to mutations that can promote uncontrolled cell growth and the development of tumors
- Pollutants: they pollute the environment through their production, toxicity, and persistence

The rating scale is based on a scoring system of 100 out of 100. The closer to 100, the least amount of "bad chemicals" are found in the product and is not based on the product's efficacy. There is no sponsorship associated with the recommendation of these products. Personal research is always recommended before making a purchase. This list should not be considered as endorsement.

Hand Soaps			
Scoring	Brand	Name of product	Image
100/100	365 Whole Foods	Liquid Hand Soap Fragrance Free	
93/100	365 Whole Foods	Liquid Hand Soap Lavender	
93/100	ZUM	Hand Soap Winter Pine	
93/100	Essenza	Hand Soap Eucalyptus Mint	

93/100	Hand in Hand	Hand Soap Citrus Grove	
86/100	HEB	Field & Future - White Jasmine & Sea Salt	
86/100	Mrs. Meyer's	Aromatherapeutic Hand Soap (Clementine Scent)	
86/100	EO	Hand Soap Lemon & Eucalyptus	